

## **Spinning Babies Core Principles for Spinning Babies® Parent Educators**

### **Mission of the Spinning Babies® Parent Educator**

Promoting awareness of the Spinning Babies approach among parents to optimize pregnancy comfort and birth ease (body balance and function) with attention to fetal position.

### **Values**

Values express our core beliefs that guide and motivate our attitudes and actions, including those stated in our contracts and guidelines, rules and requirements.

Our values emphasize solutions which are physiologically appropriate for pregnancy and birth. We understand that, due to limits within the field of research, that not all valuable care is evidence based. We value the non-invasive, non-stressing physiological approach to comfort and function. We value options that avoid taxing the person's financial or physical resources.

Our commitment is to de-emphasize language which states one fetal position as optimal or good and another as bad, and which assumes that a particular plan of action will assure a particular result. Respect for the person of the patient or client avoids force in treatment, communication, belief or ideology, and in professional and social interactions.

Tolerance for the range of birth providers, bodywork modalities and practice styles allow for the broad application of concepts and principles regardless of birth plan or birth setting. All pregnant parents are treated with fairness, kindness and a non-bias recognition of the inherent value of every individual. All professions are spoken of with respect. Our bias towards physiology doesn't excuse discrediting professionals who practice in a technological, medical model. The person is not the ideology.

Prioritizing physiological treatment appropriate to each parent and baby may enhance health. Yet we recognize there are conditions which medical intervention can be useful and lifesaving. We support educating clients and the public in the value of physiological options without demonizing or idolizing medical professionals, whether or not our profession is considered under the medical umbrella. Treat all providers with respect, even when approaches diverge.

Stewardship of your relationship to Spinning Babies is shown by the careful expression of these core values, Spinning Babies Parent Educator operations, and reputation of Spinning Babies, brand, office, and other Spinning Babies Parent Educator s.

## Code of Ethics for Spinning Babies® Parent Educators

The Spinning Babies Parent Educator participates in the efforts of Spinning Babies/Maternity House Publishing, Inc. and upholds the Spinning Babies' Mission, Standards of Practice, and Code of Ethics.

The Spinning Babies Parent Educator safeguards patient rights to privacy by protecting information and does not share identifying information with Spinning Babies or other educators other than by signed contract with the student/client. This includes mailing lists. The Spinning Babies Parent Educator protects the privacy of families, workshop participants, other Spinning Babies Parent Educators, and providers by demonstrating confidentiality in the anecdotes used in teaching.

The Spinning Babies Parent Educator is a consumer advocate who promotes informed decision-making, acknowledges the independence and competence of clients, and encourages collaboration of clients with the health care team. The Spinning Babies Parent Educator agrees to practice within their professional scope of practice and abstain from giving medical advice.

The Spinning Babies Parent Educator demonstrates respect of students in the way circumstances, needs, and difficulties are discussed.

The Spinning Babies Parent Educator should always be fair, respectful and courteous to fellow Spinning Babies Parent Educators, Spinning Babies Community members and employees or contractors. Respect for other professions and professionals is expressed in parent or professional discussions, in articles, presentations and anecdotes, and in client or parent education.

The Spinning Babies Parent Educator assumes responsibility and accountability for individual judgments and actions. Active efforts to reduce racial and economic disparity and increase tolerance for diversity show tangible evidence in teaching.

The Spinning Babies Parent Educator strives for professional excellence, and reaches for high standards as a public servant.

Agreement to the Code of Ethics is affirmed by signing and dating below:

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Signature

Date

## Standards of Practice

The Spinning Babies Parent Educator (SpBAP) agrees to adhere to physiological, non-force based bodywork. Unless an Obstetrician/Gynecologist or Midwife, the Spinning Babies Parent Educator agrees not to manual attempt to change fetal position by external cephalic version or other manipulation. Each SpBAP agrees to follow the Scope of Practice of their own profession, when they are professionally affiliated.

The Spinning Babies Parent Educator agrees to fulfill the pre-requisite workshops, attend the full Spinning Babies Parent Educator Training and complete follow-up requirements before being listed on the Spinning Babies Website. Annual renewal includes a listing fee, adherence to the Standards of Practice and Code of Ethics. Removal from the listing can occur at any moment by the will of the Educator or Spinning Babies without written explanation or recourse. Educator will supply student evaluations if requested by the Spinning Babies office.

The Spinning Babies Parent Educator agrees to keep the Spinning Babies/Maternity House Publishing, Inc. office up-to-date on any changes to their materials, handouts or presentations which includes Spinning Babies mention directly or by concept.

The Spinning Babies Parent Educator agrees to offer a curriculum and materials approved by Spinning Babies office.

The Spinning Babies Parent Educator agrees to practice according to Spinning Babies policies for Spinning Babies Parent Educators.

The Spinning Babies Parent Educator has demonstrable efforts to reduce disparities in access to underserved populations, which may include adaptations in service routines to increase access and reduce bias through cultural, religious and social sensitivity.

The Spinning Babies Parent Educator agrees to comply with the World Health Organization's International Code of Marketing of Breastmilk Substitutes.

The Spinning Babies Parent Educator maintains competence in the field of childbirth education by actively participating in continuing education, thereby incorporating new physiologic information into their childbirth classes and one-on-one education.

Agreement to the Scope of Practice is affirmed by signing and dating below:

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Signature

Date